



Dr. Sharon East-Miles

Executive, JOHSPA

Dr. Sharon East-Miles is a Consultant Occupational Physician, having received specialist training at Tulane University in New Orleans, USA and the Faculty of Occupational Medicine in the UK. Dr. East-Miles received her primary medical training at the University of the West Indies, Mona. She operates a private consultancy, OH Doc Occupational Health Services, where she provides a

range of Occupational Health services to various companies. Since 2017 she has been employed as an Occupational Health Consultant at the University Hospital of the West Indies to develop and implement an Occupational Health Department that will focus on ensuring workplace health and wellness of UHWI staff. It is the first such department in a hospital setting in Jamaica.

She is a founding member and has held positions of Acting Secretary, Vice-President and President of the Jamaica Occupational Health & Safety Professionals Association (JOHSPA). Dr. East-Miles is also a member of the American College of Occupational and Environmental Medicine.

Dr. East-Miles is passionate about Occupational Medicine and feels privileged to be a trailblazer in ensuring workplace health for colleagues in the hospital environment, which is now among the most hazardous places to work. She encourages other health professionals to consider a career in Occupational Medicine making use of the opportunities that the enactment of the Jamaica Occupational Safety and Health Act will soon provide.